



We Build HOPE Together!
Helping. Occupying. Preparing. Empowering

Financial Empowerment Sessions

Unlock Financial Freedom through these Sessions!

Budgeting

Financial Wellness

Financial Foundations

2nd Saturday's
10:00 am to 11:30am

Entrepreneurship



2nd Chance Banking

Credit & Debt

Prepare Home Ownership

Sponsored **Langley** 
in Part by: **For Families**

239 Buxton Avenue, Newport News 23607

www.thelegacyofhopefoundation.com



Legacy Financial Empowerment Sessions

Program Goal:

To educate, equip, and empower individuals and families to make informed financial decisions, build credit, manage money wisely, and achieve long-term financial independence to help alleviate poverty and hunger

Meeting Monthly 10am to 11:30am
239 Buxton Avenue, Newport News 23607.

January 24 2026 - Financial Foundations: Understanding Money

Objective: Teach participants how money works

Topics: Needs vs. wants, goal setting, budgeting basics.

Activities: Budget creation.

February 28, 2026 - Budgeting for Success

Objective: Learn how to create and maintain a monthly spending plan.

Topics: Expense tracking, savings goals, emergency funds.

Activity: Build a personalized "HOPE Budget Blueprint."

March 14, 2025 - Banking & Second Chance Opportunities

Objective: Understand banking systems and reestablish trust with financial institutions.

Topics: Checking/savings accounts, overdraft protection, second chance banking.

Activity: Speak to a local bank or credit union representative.

April 11, 2026 - Credit & Debt Management

Objective: Improve credit scores and learn debt reduction strategies.

Topics: Credit reports, FICO scoring, debt snowball method.

Activity: Free credit report review session.

May 16, 2025 - Smart Shopping & Financial Decision-Making

Objective: Learn consumer awareness and financial responsibility.

Topics: Price comparisons, avoiding predatory lending.

Activity: Role plays on financial literacy



Legacy Financial Empowerment Sessions

June 13, 2026 – Savings & Investing Basics

Objective: Teach participants how to build long-term savings and grow wealth.

Topics: Compound interest, retirement plans, basic investing terms.

Activity: Savings challenge kickoff - start, prepare savings goals

July 11, 2026 – Financial Wellness & Mental Health

Objective: Address the emotional and mental side of money management.

Topics: Financial stress, money mindset, gratitude and giving.

Activity: Guided wellness session with mental health professional.

August 8, 2026 – Homeownership Preparation

Objective: Prepare families to purchase and maintain a home.

Topics: Renting vs. owning, mortgages, down payment assistance, home maintenance.

Activity: Speak with lender, realtor and home inspector.

September 12, 2026 – Entrepreneurship & Side Income

Objective: Encourage entrepreneurship and additional income streams.

Topics: Business budgeting, taxes, marketing basics.

Activity: Your business idea, small Business Pitch Day for participants.

October 10, 2026 – Insurance & Protecting Your Assets

Objective: Understand insurance types and the importance of financial protection.

Topics: Health, life, home, and auto insurance basics.

Activity: Panel discussion with local insurance agents.

November 14, 2026 – Taxes & Financial Planning

Objective: Prepare participants for tax season and strategic planning.

Topics: Tax credits, deductions, retirement planning, wills and estates.

Activity: Free tax prep overview session with certified preparer.

December 12, 2026 – Graduation & Wealth-Building Celebration

Objective: Celebrate progress and set future goals.

Topics: Review year's achievements, create personal financial roadmaps.

Activity: Certificate ceremony, recognition of savings milestones.

Must complete 9 sessions to receive certificate

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